

ATHLETICS

(See **Kinesiology for non-athletic courses.**)

College of Alameda offers students the opportunity for intercollegiate activity in two competitive sports: men's basketball and women's volleyball. A physical examination by a physician or the campus registered nurse, a statement of existing medical insurance, and a pre-physical participation questionnaire are required before participation in collegiate sports.

College of Alameda is a member of the Bay Valley Conference of the California Community College Athletic Association. The college competes in conference competition for both men and women. Athletics at College of Alameda, as with all California community colleges, is governed by the general regulations of the State Community College Athletic Code as well as the specific regulations of the conference in which College of Alameda holds membership.

ATHL 2 Basketball Foundations

3 units, 10 hours laboratory (GR or P/NP)

Acceptable for credit: CSU, UC

Fundamentals of Intercollegiate Competition: Theory and practice of basketball fundamentals. 0835.00

ATHL 6 Intercollegiate Men's Basketball

1.5-3 units, 10 hours laboratory (GR or P/NP)

Acceptable for credit: CSU, UC

Fundamentals of intercollegiate competition: Application of theory, team organization, technique, strategy, and leadership in competition with other colleges. 0835.50
CSU area E

ATHL 71 Intercollegiate Women's Volleyball

3 units, 10 hours laboratory (GR or P/NP)

Acceptable for credit: CSU, UC

Course study under this section may be repeated three times.

Fundamentals of intercollegiate competition: Theory, team organization, techniques, strategy, and team leadership. 0835.50

CSU area E

ATHL 73 Volleyball Team Pre-season Preparation

.5 units, 2 hours laboratory (GR)

Intercollegiate Volleyball Team Pre-season training. The course includes fundamentals of intercollegiate competition: Team competition in volleyball: Advanced skill development, offensive and defensive strategies. 0835.00

CSU area E

