

Student Activities

Spring Workshop Series 2018

February Workshops

All workshops are located in Student Center (F) Pit

Drop-in Dance Fitness

Every Tuesday

12:00 p.m. - 1:00 p.m.

Dance Studio (G-111)

What is Therapy?

Thursday, February 1st

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit

Healthy Eating

Tuesday, February 6th

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit

Understanding Depression and Sadness

Thursday, February 15th

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit

Understanding LGBTQQI+ Communities

Wednesday, February 21st

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit

International Student Transfer 101 Workshop

Wednesday, February 27th

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit

Find Your Way to Job Satisfaction and Higher Wages

Wednesday, February 28th

12:00 p.m. - 1:00 p.m.

Student Center (F) Pit



The Mission of College of Alameda is to serve the educational needs of its diverse community by providing comprehensive and flexible programs and resources that empower students to achieve their goals.